



Complete Health Fitness

Peter Fuller opened Complete Health Fitness in February 2008 and at this time is the only therapist in California to be a certified Bowen Therapist and certified Neuromuscular Therapist. He has clients drive 2 to 3 hours from as far north as Redding or as far south as Corte Madera, just to receive therapy at Complete Health Fitness.

Some of the modalities incorporated at Complete Health Fitness are: Bowen technique, Neuromuscular therapy, Prenatal/Pregnancy Massage, Infant/Baby Bowen, Myofascial release, Trigger Point therapy, Acupressure, Jin Shin Jyutsu, Lymphatic Drainage therapy, Medical massage, Sports Massage, Deep Tissue, ART therapy, Aromatherapy, Reflexology, Cranio-Sacral Therapy, Thai Table therapy, Muscle re-education, Chair massage, Homeopathy and Naturopathic medicine.

Call (916) 704-7873 to schedule an appointment with Peter today. When you schedule your appointment, be sure to mention this email...and you will be eligible to receive a SPECIAL promotional discount.